

menus for March 2022

Henry
County
Middle
Schools



This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Choice of Low Fat Milk

*Pork products listed in pink.



1 Student Breakfast & 1 Lunch Free Every School Day!

HCS School Meal Prices	Breakfast	Lunch
Student Second Meals	\$1.75	\$3.25
MILK ONLY	\$0.40	\$0.40
Henry County Schools Staff	\$1.75	\$3.00
Adult Visitor	\$1.75	\$3.25

Featured Specials of the Day

Monday, February 28

Blueberry Mini Pancakes, Assorted Cereal,
Chicken Sandwich, Hot Dog, Whole Kernel
Corn, Baked Beans, Pineapple Tidbits

Tuesday, March 1

Breakfast Bun, Mini Bagels w/ Cream Cheese,
BBQ Sandwich, Deli Turkey Sandwich, Seasoned
Fries, California Mixed Vegetables, Sliced Peaches

Wednesday, March 2

Sausage Biscuit, Assorted Cereal,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple

Thursday, March 3

Blueberry Pancake Stick, Frosted Breakfast Pastry,
Spaghetti w/ Garlic Toast, Deli Turkey Sandwich
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,
Frozen Juice Cup

Friday, March 4

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Juice

DON'T GET!

Take at least ONE

**FRUIT or
VEGGIE**

and at least THREE
items total so your meal
counts as a complete lunch!



Featured Specials of the Day

Monday, March 7

Sausage Biscuit, Assorted Cereal,
Fiesta Chicken & Rice, PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch,
Fruit Cocktail

Tuesday, March 8

WG Muffin w/ Yogurt, Manager's Choice Breakfast,
Cheeseburger, Deli Turkey Sandwich,
Potato Tots, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 9

Pancakes & Sausage, Assorted Cereal,
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Tangerine

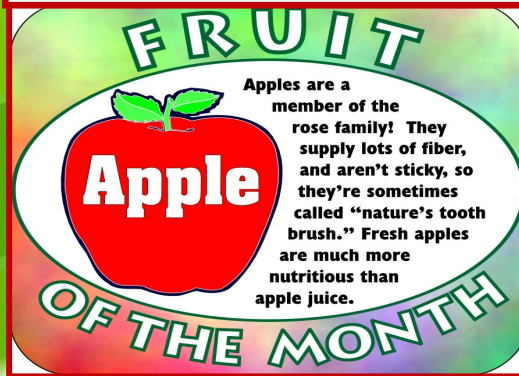
Thursday, March 10

Strawberry Mini Pancakes, Frosted Breakfast Pastry,
Beefy Nachos, PBJ/Wow Sandwich
w/ Chips, Black Beans, Salsa, Carrot Sticks
w/ Ranch, Frozen Juice Cup

Friday, March 11

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Juice

HARVEST OF THE MONTH:



Featured Specials of the Day

Monday, March 14

Blueberry Mini Pancakes, Assorted Cereal,
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,
Baked Beans, Pineapple Tidbits

Tuesday, March 15

WG Muffin w/ Yogurt, Frosted Breakfast Pastry,
Corn Dog, Deli Turkey Sandwich, Seasoned Fries,
Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 16

Sausage Biscuit, Assorted Cereal,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple

Thursday, March 17

Manager's Choice, Breakfast Bun,
Chicken Strips w/ Mac & Cheese, Deli Turkey Sandwich
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,
Frozen Juice Cup

Friday, March 18-Half Day

Mini Bagels w/ Cream Cheese, Cereal Bar,
Deli Turkey or PBJ/Wow Sack Lunch
OR
Stuffed Crust Pizza Grab & Go Tray

Featured Specials of the Day

Monday, March 21

Strawberry Mini Pancakes, Assorted Cereal,
Max Snax Tacos, PBJ/Wow Sandwich w/ Chips,
Black Beans, Salsa, Carrot Sticks w/ Ranch, Fruit Cocktail

Tuesday, March 22

WG Muffin w/ Yogurt, Breakfast Frudel
Chicken Sandwich, Deli Turkey Sandwich,
Potato Tots, Garden Salad w/ Ranch, Sliced Pears

Wednesday, March 23

Sausage Biscuit, Assorted Cereal,
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips
Steamed Broccoli, Mashed Potatoes,
Fresh Tangerine

Thursday, March 24

Breakfast Bun, Frosted Breakfast Pastry,
Fiesta Chicken & Rice, PBJ/Wow Sandwich w/ Chips,
Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 25

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Juice

Featured Specials of the Day

Monday, March 28

Blueberry Mini Pancakes, Assorted Cereal,
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,
Baked Beans, Pineapple Tidbits

Tuesday, March 29

WG Muffin w/ Yogurt, Breakfast Bun,
Cheeseburger, Deli Turkey Sandwich,
Seasoned Fries, Garden Salad w/ Ranch,
Sliced Peaches

Wednesday, March 30

Sausage Biscuit, Assorted Cereal,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple

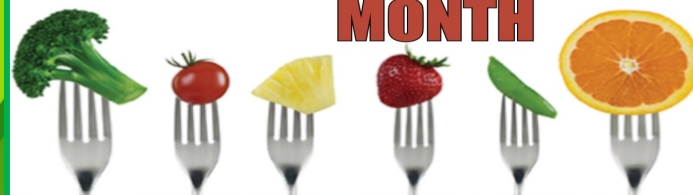
Thursday, March 31

Blueberry Pancake Stick, Frosted Breakfast Pastry,
Spaghetti w/ Garlic Toast, Deli Turkey Sandwich
w/ Chips, Carrot Sticks w/ Ranch, Green Beans,
Frozen Juice Cup

Friday, April 1

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Juice

MARCH IS NATIONAL NUTRITION MONTH



SPRING BREAK!

No School: April 4th-8th